**Spring Framework** is a **Java platform** that provides comprehensive infrastructure support for developing Java applications. [It allows you to build applications from “plain old Java objects” (POJOs) and apply enterprise services non-invasively to POJOs1](https://docs.spring.io/spring-framework/docs/3.2.x/spring-framework-reference/html/overview.html).

Here are **five free resources** where you can learn more about Spring Framework:

1. [**Spring Framework Official Documentation**](https://docs.spring.io/spring-framework/docs/3.2.x/spring-framework-reference/html/overview.html): The official documentation offers guides and tutorials tailored for different learning needs and time commitments.
2. [**Codecademy’s Learn Spring Course**](https://www.codecademy.com/learn/learn-spring): Learn how Spring works, build Spring controllers, understand Spring beans, and explore data strategies.
3. [**Medium Article: Top 10 Free Courses to Learn Spring Framework**](https://medium.com/javarevisited/top-10-free-courses-to-learn-spring-framework-for-java-developers-639db9348d25): This article lists free courses covering core Spring, Spring MVC, and Spring Boot.
4. **Java T Point**: Offers tutorials on Spring Framework and Dependency Injection for beginners.
5. **GeeksForGeeks Spring Framework Tutorial**: Explore Spring concepts, including Core Spring and Spring MVC.

Remember, while free resources are valuable, consider investing in paid courses if you want a more comprehensive and up-to-date learning experience. [For an affordable option, check out the **Spring Framework: Beginner to Guru course on Udemy**](https://docs.spring.io/spring-framework/docs/3.2.x/spring-framework-reference/html/overview.html)[2](https://medium.com/javarevisited/top-10-free-courses-to-learn-spring-framework-for-java-developers-639db9348d25).